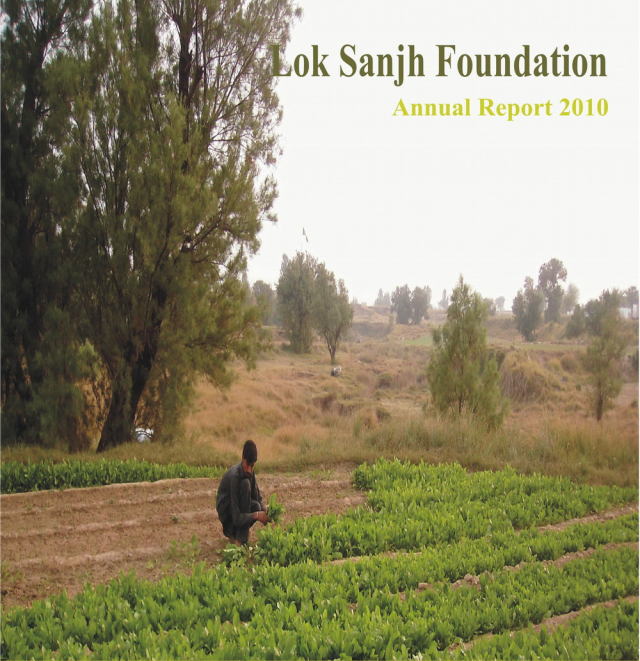


Lok Sanjh Foundation

Annual Report 2010



www.loksanjh.org

Acknowledgments

The document is an outcome of the Lok Sanjh Team work. But, thanks go to the lead farmers and poor communities, who are striving with us to fight hunger and poverty in Pakistan.

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2010 Review at a Glance

- * Lok Sanjh successfully strengthened its work in Central, Southern, Northern Punjab, flood affected and Kashmir areas. New villages are also added as per planning for each zone.
- * Almost all programmes contributed successfully to achieve set targets and desired results to motivate the different stakeholders like farmers, women farmers, landless workers, tenants, local leaders, youth, scientists, teachers and students for sustainable use of natural resources.
- * More than 2000 farmers are trained in making different types of Composts, Bio-pesticides BEA in the Farmer Field Schools.
- * More than 2000 farmers adopted the techniques of Ecological Agriculture to convert their farms to Ecological Agriculture.
- * Crop production, low cost technologies has been adopted widely as response to climate change hazards.
- * We significantly built the capacity of the women farmers and involved them in income generating activities to increase the household.
- * Lok Sanjh brought all stakeholders at village level like farmers, landless workers, teachers, students, councillors to share experience in the process of development.
- * A number of viable models of organic farming have been developed and demonstrated, in the project areas, which are replicable as well. It indicates the effectiveness of the intervention strategies used in order to achieve outcomes and policy and practice changes.
- * The women participation has been assured in all the program activities, through directly involving them, in respect of representation, decision-making and benefits sharing in the overall context of gender mainstreaming.
- * Trend for use of organic products in project areas has increased over the year
- * The advocacy and awareness raising activities have been helpful in creating some change at the local level.



Dear All,

The year 2010 has been a challenging year for everyone. The global economic crisis has had the devastating effects in every corner of the globe and, as always, it is the poor and most vulnerable, which are amongst the worst affected. More than a billion people did not have enough food this year. On top of this, poor people seemed to suffer even more than usual from natural disasters such as floods, droughts, cyclones, earthquakes and typhoons, which ravaged the countries. It has been recognised that it also been a difficult year and for some a painful one; therefore The impressive progress we have made has not been easy. I would like to acknowledge the contribution you have made to lessen the miseries of the people especially the flood affected.

In this regards in last quarter of 2010 we helped 2000 flood affected families and almost 20,000 small poor farmers through all of our programmes. These people benefitted from our experience knowledge, training, support and innovative approach.

On top of this we also exchanged and benefitted experts, students, teachers and public at large by sharing knowledge through our forum, workshops, newsletter, news papers, magazines, videos, conference, visits and debates. We are particularly proud that our struggle to mainstream gender in all our programs is being recognized at the community and regional level. We did specific technical enquiries answered by one of our experts through our monthly magazine and face to face through field staff. If we count on beneficiaries, it roughly comes around more than one Million people (conference, Meetings and impact beneficiaries) But we take this figure as only indicative and definitely, it is not a misgiving to our scale of impact in different geographical zones.

This report represents highlights of our work, notable achievements and lessons learned throughout the year. There is plenty to celebrate as well as critical reflections for the future as well. I am grateful for the dedication and hard work of all our staff and partners. I am thankful to the supporters who have continued to take action and support us financially. I am inspired and humbled by the continuing mobilizations of rights holders in the face of ever-increasing challenges. **I PRESENT THIS REPORT WITH A VERY HAPPY NEW YEAR AND DECADE.**

Executive Director



Dear Lok Sanjh Friends

It is my pleasure to acknowledge this reflection on the vital work you helped support in 2010. In a year dominated by news of crises in the global food, finance and fuel systems, Lok sanjh expanded its efforts to empower poor people to escape from poverty by understanding and claiming their basic human rights. The organization works for poorest of the poor, sharing with community organizations and social movements to promote solutions to end poverty. We provide concrete support on the ground, and struggle to end the injustices that keep them poor. Though, Lok Sanjh need to continue its work with poor communities, but also need to focus on scaling up work so to reach even more beneficiaries and have yet greater impact. Lok Sanjh also needs to work with others and seek ways to share our experience so that collectively we may combat the global poverty.

We believe that promoting sustainable development approaches is essential in the present context, where development efforts that contribute to the destruction of the limited resource base from which many marginalized communities depend for their livelihood. We are hopeful that we could extend our cooperation by sharing our knowledge in this struggle for poor communities. I believe that profiles in this annual report reflect only a small sample of Lok Sanjh 's work. The success of this work is, as always, best measured by the impact we have in the lives of marginalised and poor people at the grass root level. I would like to thank all those who have supported us over the past year and look forward to another exciting year ahead. Thank you for your generous support to Lok sanjh in this struggle. Your contributions are already at work in these pages. **We can end poverty together. Please join us.**

Board Chair

Mission

Our mission is People-centered development to reduce poverty, enhance food security through strengthening local democracy, empowering women, sustainable use of natural resources, developing value chains and technology transfer to end users.

Objectives

Lok Sanjh Foundation's Broader objective, is to use bio diversity based ecological, agriculture based livelihood strategies for the small poor farmers through.

- 1) Build their capabilities on biodiversity base ecological agriculture and mitigation strategies on climate change impact.
- 2) Improve their access to technical options and knowledge.
- 3) Help them influence the socio-economic institutional systems to promote innovation and use of technology.
- 4) Strengthening livelihoods of the most marginalized groups at grass root level
- 5) Developing and promoting markets for poor people.



Sustainability

We believe that promoting sustainable development approaches is essential in the present context where development efforts often contribute to or aggravate the destruction of the limited resource base from which many marginalized communities depend for their livelihood.



Commitment

We are committed for genuine knowledge and technology transfer to strengthening the beneficiaries on how to maintain the change without external dependency and exhausting natural resources or causing severe ecological damage.



Justice

We keep communities in loop for their development transformation and keep them informed on the impacts of technologies available for them.



Partners

We work in close with all stakeholders and partners that help us achieving sustainable goals through guidance and support.



Our values

We keep with our values of sustainability, justice, diversity and democracy to make voices of the most vulnerable groups to be heard.



Developing Systems and Structures

This year we developed a number of significant policies, including a framework to determine the strategic and transparent allocation of discretionary financial resources; a policy to clarify the fundraising. This year we were able to put Staff health policy in place to provide employees with health insurance and social security. We signed up to People in Aid, a global network of international NGOs.





Our work with poor women and men in rural areas strengthens their capacity to secure food and providing the means of making a living, as well as developing their skills to cope with future food security threats of which the biggest one is the climate change impact. In this regard, Lok Sanjh is helping more than 20,000 farmers improve their food security through the adoption of appropriate technologies such as soil and water conservation.

The main focus has been to build farmers' capacity using local knowledge and experience sharing in answer to their problems. Many local plants-based formulations have been prepared and tested in farmer's fields. Farmers themselves prepared these pest repellents and tested different doses on different crops. Finally the farmers got convinced that it is still possible to go back to the safer and cleaner crop production technologies and ready to convince other farmers with their experiences as well.



I started working with Lok Sanjh four years back with one box of honey bee keeping. Then next year Lok Sanjh helped me making a water pond and over a period of three years has introduced a range of techniques to enhance local breeds of poultry and goats, intercept rain water to use for harvesting and producing organic fish. I have been provided with best Breed of Poultry and Goats along with models of poultry and Goat shed. These models have been replicated by various other farmers in the area. So the work of Lok Sanjh is not only beneficial for me but also it has become a great source of inspiration for other farmers too.

First step towards organic farming has led me and my family towards self sustainability and prosperity. "Before meeting Lok Sanjh people I used to look at my past but now i have a broad view of brighter future".

Arshad, A farmer from village Jungle, Attock

Women Economic Empowerment

Many of the small, low cost, women oriented and need based technologies have been introduced in working areas of Lok Sanjh. Where women were involved in income generation activities like kitchen gardening, poultry, seed saving and goat farming. This has helped women to be move stable economically.



Seed Banks

The farmers in our working areas are well aware of the Genetically Engineered seeds of different crops. And Lok Sanjh in this regards been able to develop several individual and community level seed bank. This proved to be very successful in seed providing and exchange at the village level. These are the community certified seeds that saved small farmers from market dependency.



Grain Banks

Grain banks are providing a facility to small and landless farmers to borrow grains from grain banks in time of drought. This helps reduce their dependency to purchase food grains from market at higher prices before harvest. This year four grain banks have been developed in new villages of North Punjab. The communities are happy to have this support from Lok Sanjh as poor are able to borrow grains for eating and are saved from hunger.





Water Conservation in Kashmir Area

Water Harvesting

In Lok Sanjh working area, women have to put time and labor for making water available to their families both for drinking and domestic use. Thus, women are left with very little time for productive economic activities. To lessen women's work load, ten hand pumps in Northern Punjab and forty water ponds have been built in Kashmir. These hand pumps are installed from where most of the community, women, school children and population masses can have easy access to water.



Organic Poultry Production

The rural women are encouraged to promote organic poultry by rearing the Desi Breed which can hatch eggs. Lok Sanjh successfully developed small poultry farms at cluster level with more than 50 birds that is a kind of small poultry enterprises. Village committees are playing a responsible role in this regard.



Water Conservation and Harvesting

Most of the Lok Sanjh working areas are water scarce. To support beneficiaries, Lok Sanjh has helped farmers in building water harvesting ponds to harvest their fields. This remained very successful to store the rain water and raising the crops especially the vegetables which require irrigation once in a week. Seven water harvesting ponds were built on different farms in South Punjab and 8 in North Punjab and 20 in Kshmir.



Health Camps



Health camps were organized on quarterly basis in each of our zones that remained very successful to achieve targets as per plan. Health camps catered basic and seasonal health problems of women, infants and children. Health camps reports remained a good source of feedback to further improve the activity and minimize the gaps.



Farmers Rights Program



Rural Women Conference on Innovative Technologies

Lok Sanjh organized Rural Women Conference on Innovative technologies on May, 5th 2010 . This was attended by 300 women farmers from different areas of Punjab and Kashmir. Their interaction, sharing and participation really showed the empowerment that Lok Sanjh is struggling to cultivate in them for the last decade. The conference was a tribute to Lok Sanjh's efforts to support women

farmers in easing out their lives through regeneration of indigenous rural livelihoods and reviving women traditional role in agriculture. A special and prestigious Dr Zafar Altaf (Chairman Pakistan Agriculture Research Council) Technology award was awarded to DG National Agriculture Research Center in recognition of its efforts to develop innovative technologies especially addressing women needs in agriculture.

Conference on BT Cotton and Livelihood of Small Farmers



This conference was organized on January 3rd in village 13D Khanewal. In this conference farmers shared that, green revolution farming methods are coming to an end with declining yields due to environmental and soil degradation, loss of seedling varieties and high input costs. So, many farmers around the world are turning to genetic engineered varieties (GE) to confront with new challenges. But in the

Conference the Farmers concluded with the following recommendations, The Genetically Engineered crops and seeds should be banned in the country. The Govt. should withdraw its agreement with Monsanto to launch its GM and Hybrid seeds in Pakistan. Farmers rejected the Seed Act and demanded Farmer's Right to save and exchange seeds. The Govt. should withdraw Corporate Agriculture Farming Policy.

Farmer's Conference on "Rice Diversity"

Lok Sanjh Foundation in collaboration with Pakistan Dehqan Assembly organized a Rice Conference on the livelihood of small rice farmers on October 15, 2010 at Dera Gujran, Sheikhpura. More than 600 farmers, tenants, landless workers and sister organizations from different parts of Sheikhpura participated in the event. The conference aimed to strengthen the people's resistance against the introduction of GE rice and other crops.



Rally on BT Cotton



Lok Sanjh Foundation in collaboration with Sustainable Agriculture Action Group (SAAG) and other Farmer's organizations organized a seminar and rally on "BT Cotton and its impact on Small Farmers at Art Council Hall Multan. Hundreds of farmers from Toba Tek Sigh, Khanewal, Bhawalnagar, Lodhran, Bahawal pur and Multan participated in the event.

Farmers in the demonstration shared that Most of the B.T farmers in different areas bore heavy losses due to BT. They rejected all these developments which are shattering their livelihood strategies and ultimately affecting their food sovereignty and demanded that Government should ban BT Cotton in Pakistan.

Provincial Dehqan Assemblies

Kashmir Women Dehqan Assembly



This year Lok Sanjh was able to organize village, district and province level assemblies. Dehqan assembly is a national platform to organize farmers for their rights. Through organizing this event Lok Sanjh introduces the concept and objectives of Dehqan assemblies to get feedback on different issues from the farming communities. It helps farmers to raise voices on their concerns and empower to demand their rights. On 3rd May 2010, the first dehqan assembly of small women farmers was organized by Lok Sanjh Foundation Zonal Office Rawalakot in village Shujabad of District

Bagh in which more than 500 women farmers participated from both Bagh and Ponch Districts. These Women Farmers rejected to bring market based inputs to fields. These women farmers of Kashmir unanimously rejected to bring any market-based agriculture inputs to their farm lands.

Women farmers claimed that they do not have any need to see market for having their routine inputs. This is because, now they have learnt to make the efficient use of their local resources through trainings organized by Lok Sanjh.

Baluchistan Dehqan Assembly



Lok Sanjh Foundation in collaboration with Baluchistan Rural Development and Research Society (BRDRS) organized Dehqan Assembly on water and Democracy in Baluchistan on March 3, 2010. Almost 150 farmers from different areas of Baluchistan, Government officials, Agriculture Department and Environment Assessment Society participated in the event. The purpose of the activity was to seek the feedback of the communities on sources and availability of irrigation water, sustainability of traditional irrigation systems (Karezes) and climate change and its impact on agriculture.



Punjab Dehqan Assembly



The member of Pakistan National Assembly and chair of the Executive Committee of National Assembly on Climate Change Marvi Memon participated in the Dehqan Assembly conducted on unavailability of irrigation water. The working committee of Dehan Assembly on water issues shared that Punjab Irrigation Development Authority

changed the old system of water distribution and developed committees to restrict the water thefts but the committees are headed by large land owners who themselves are involved in water thefts. Marvi Memon while addressing to the farmers promised to raise the water theft issue in the National Assembly for further action.

Cultivating Peace Through Food and Culture



Rural Women Conference on Technology and Food Security

Lok Sanjh organized the Rural women conference on "Rice Diversity, Technology and Food Security" in Muhammad Pura, District Sheikhpura on June 27, 2010. More than 2000 women farmers from different areas of District Sheikhpura, Nankana Sahib, Gujranwala, Toba Tek Singh and Jhang participated in the event. The conference highlighted the women's role in preserving diversity, Women oriented technologies

and their role in household food security, Rural women demonstrated a variety of different local food dishes to celebrate biodiversity of the area.

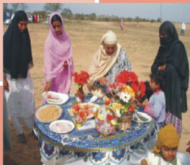
The stalls of embroidery and handicrafts were organized as part of programme, that was eye catching for the visitors from many parts of Punjab. Rural communities together demonstrated their culture and tradition by singing folk songs.

Harvest Celebration

This is a Festival of Community solidarity and a feast after every Rabi and Kharif harvest. LSF facilitated to organize Harvest celebrations in Northern Punjab, where each farmer brought a harvest potluck prepared with traditional recipe to share with the participants. Recipes were shared and documented. The activity helped in developing a taste of biodiversity; revive village traditions and local food systems. The activity also increased the social harmony and relaxed the communities.



International Bio Diversity Day



The day was celebrated on 22 May in North Punjab to show cause and create awareness about keeping the natural variety of planet, that can reduce the effects of climate change on the world's population and ecosystems. . As the links between biodiversity and climate change run both ways: biodiversity is threatened by climate change, but biodiversity resources can reduce the impacts of climate change.

Networking with Partners



Lok Sanjh Foundation promotes strategies for socially and environmentally sound agriculture through focused research, policy advice and advocacy. It promotes networking and linkages with a wide range of institutions and individuals through seminars, workshops and experience sharing and exchange visits.



Stakeholders Offer Support to Develop Agri-industry in Kashmir

In a stakeholders meeting organized at Zonal office, lok sanjh foundation Rawalakot, the participants organizations offered their unconditional support to develop agriculture industry in Kashmir and bring Kashmir areas out of food insecurity chaos. The participants were convinced that Kashmir should develop its own independent source of food production for which reviving the traditional economies based on organic agriculture is the best solution.

Faisalabad Stakeholders Meeting



A Forum on Future Prospects of Aloe Vera

was held on October 25th in Faisalabad office. Senior teachers, students, experts, homeopathic doctor and staff participated with the objective to develop a good value chain on aloe vera. Issues discussed were, How to grow organic, its uses, benefits, needs and awareness. It concluded with comment, the beauty secret of Queen Elizabeth is in the use of aloe vera. Strong marketing linkages could be beneficial for the promotion of the aloe vera and its by products.

Sheikhupura Stakeholders Meeting

Stakeholders meeting at Sheikhupura was attended by Umeed Welfare Foundation, Pak Development Organization, Social Welfare Foundation Sheikhupura, Social Welfare Foundation Cheho ki Mallain, Hum Kadam Welfare Foundation, Rural Development Society, Sadar Rural Development, Anjuman Fala e- Behbood Inbsaniat, Sheikhupura Welfare Society Ferozqabad, Pak Association of Blind City Sheikhupura, Muslim Welfare Society Sheikhupura City, Public Welfare Society Sheikhupura City, Ihsan Welfare Society Rehman Road Sheikhupura, District Anti TB Association Sheikhupura, Human Right Association District Court Sheikhupura. Through this meeting a strong networking among the line NGOs has been developed and Lok Sanjh has become in a leading role on bio diversity based ecological agriculture.

National and International Exposure



Lok Sanjh staff got opportunities to attend various National & International Workshops as following



1. Financial Management and Governance
2. Advanced Training Workshop on Budget Analysis and Advocacy, by SAABA.
3. Democratising Agricultural Research for Food Sovereignty (DARFS) Interregional Exchange Workshop by PANAP.
4. YORA Culmination and Seed Conservation Training by PANAP.

Rural Enterprise Development



Markets for the Poor

Through the year Lok Sanjh been able to organize two markets/week/ zone in its project areas. The activity is good as these markets ensure availability of safe food for consumers and support the organic farmers by linking them to markets. Followings are available in the organic markets. Desi eggs, wheat grains,

wheat floor, honey, fish, all seasonal vegetables, Poultry, goats, The women from surrounding areas wait anxiously for these markets and in a very short time all stuff is finished and people demand more, which is encouraging farmers to produce more and bring in these markets.



Farmer Business Schools

The activity built capacity of emerging commercial farmers on agricultural business skills. The FBS targeted the lead farmers, who are willing to organize themselves in groups and work through farmer field school approach to build their capacity to respond to market demand. Their trainings are held with other stakeholders to link them with each other for improvement and value addition.

Scale up Programme Local Poultry Breeding

The meeting was organized to identify the potential women to form small producer's organization for the promotion of organic poultry and poultry by-products. The rural women shared their knowledge and skills on poultry rearing and committed to develop small organic poultry breeding farms. As a result this program has been started by three women in Northern Punjab and two in Central Punjab.



Women Economic Empowerment Local Goats Breeding



This program has been started by the rural women in all programme areas. Lok Sanjh has only supported these women with 20 baby goats with a promise to return 10 adult goats next year. Now, Lok Sanjh is in the process to train them in breed improvement and developing the small goat farms with more than ten goats. Goat days have been organized three/year/zone.

Research and Advocacy

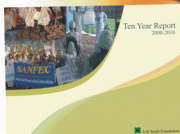
Center for Agricultural Research and Technologies (CART)



Sisal: The Golden Revolution

This year sisal plant is being identified by Lok Sanjh that can bring golden revolution in the country. Lok Sanjh is planning to cultivate Sisal in barren areas of Pakistan and has started this cultivation on experimental basis in collaboration with NARC This will be replicated especially in Balochistan and other areas having infertile land for the reason that Sisal plant needs almost no water and can grow even if one rain in a year is received.. Its golden fibre can be used after drying for making numerous products like ropes, baskets, carpets and animal feed as well. This intervention will bring revolution in agriculture sector and can empower the backward areas of Pakistan.

Reports and Studies



Research

Followings reports and studies have been produced during the year 2010.

- ❖ Agri Research
- ❖ Climate change impact
- ❖ Ten year report
- ❖ Annual progress Reports
- ❖ Six month progress reports
- ❖ For review visit www.loksanjh.org

Advocacy and Awareness Campaigns



Lok Sanjh is working with farming communities and been engaged with many national and international networks and alliances that work for the same cause. Following activities were carried out during the year.

Rural Development Forums

The forums are organized from the platform of Dehqan Assembly. Lok Sanjh organized two forum per month on different issues, where experts, Teachers, Journalists, Farmers and Staff participated. The national and regional newspapers recognized the efforts on agricultural issues. The main idea of the forums is to discuss different rural development issues, the post-flood food security issues, future needs and concerns like,

- ◆ Omission of green house gases
- ◆ Shortage of phosphorus in soil
- ◆ Less availability of certified seeds
- ◆ Technology transfer and food security
- ◆ Value Chain development to enhance
Production



Seminars

Throughout the year 2010 we successfully run the following campaigns and these will continue in the next year as well.

- ❖ NO to GMOs
- ❖ Water Democracy in Pakistan and in the region
- ❖ Future food security, organic agriculture
- ❖ Future of small farmers
- ❖ Awareness on Climate Change



Video Documentaries

This year we produced following video documentaries,

- ❖ Water and democracy,
- ❖ Lok Sanjh Introduction,
- ❖ BT cotton and
- ❖ Health services



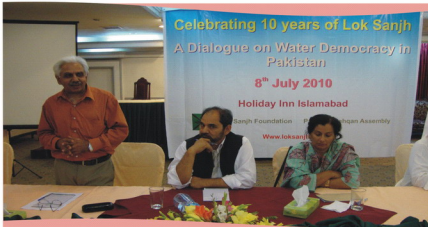
Agricultural Journalist Award 2010

The event was organized on 7th July 2010. This special award has been conferred on Raja Javed Ali Bhatti, a senior generalist for Jang newspaper for his contribution to agricultural issues. He for the last ten years, is continuously writing on agriculture related issues and his services have been recognized in creating awareness and giving insight on agriculture development in Pakistan.



Ten Year Celebrations

To celebrate ten years(1999-2009) of Lok Sanjh, more events have been organized in connection to advocacy and awareness campaigns and this will be continue for the year 2011 for potential advocacy on farmers rights and food security threats in the coming years. Following are the event organized so far,



Lok Sanjh from the platform of Pakistan Dehqan Assembly is effectively advocating on water democracy being an important area of concern. In this connection, a dialogue on water democracy was held 8th July 2010 where a video documentary produced by Lok Sanjh on water issues was presented to the participants. This further initiated potential discussion among the renowned scholars and politicians, who presented a very detailed and effective analysis of water issues prevailing in Pakistan.



Youth Empowerment & Support

National Rural Youth Conference

This year a step was taken to build youth in to a responsible citizen from the grass root level, by supporting and demonstrating these *change makers*,(National Rural Youth) to live and work in villages where they help residents to analyze and solve their

problems. Although we also organized School Eco Clubs every month in each of the zone. This was further achieved through organizing a National Rural Youth Conference in collaboration with national Agricultures Research Center.



Young Rural Girls Leaders



Under this program potential students have been trained on different ecological agriculture and environmental issues through trainings, debate and extracurricular activities. These students are motivated to replicate the possible interventions in their homes or school yards, (Kitchen gardening, Biodiversity plots, seed collection etc). Then these students lead their ideas at village level.

Capacity Building

Exposure Visit

Exposure visits for the staff and the farming communities have been organized within the villages and zones as well. This is the best practice to replicate best models by exchanging “hands on working”. Also it quickly mobilizes the beneficiaries to analyse the results. Many of the farmers are living examples on the exposure visits in our project areas.



Annual Planning Meeting

Three days Strategic planning meeting was held at Lok Sanjh Head Office ,

- ❖ To take feedback on last three year phase.
- ❖ Analysis of last phase (success & failures).
- ❖ To give the participants an insight into new dimensions.
- ❖ To finalize Annual Planning for the new phase named as “Food security in changing climate”.
- ❖ Identify capacity building needs of staff.
- ❖ Also the analysis on gaps and alternate strategies were devised with mutual consultation to prepare annual and quarterly plans.



Quarterly Planning Meeting

The quarterly planning meetings were also held to take feed back from the field staff and further incorporate it in the next quarter.



Drivers Training

Three trainings were held this year to further build capacity of the drivers. The activity remain very successful to really help improve drivers skills on different issues and afterward a visible difference has been noticed in the performance of their duties.



Trainings

Participatory Guarantee System (PGS)

The training was organized at Sheikhpura. A community based certification with local standards was introduced named Participatory Guarantee System (PGS) which involves the farmers themselves in guaranteeing their produce as organic as per the norms and standards defined by the local group of farmers. PGS is built on a foundation of trust among producers and between producers and consumers, through social networks and knowledge exchange.



Value Chain Training

This training was organized to build capacity of the zones to support small scale farmers in Agri-business and enhance their skills in the chain of production. This is because; agri-business is gaining momentum because of its high potential for value addition of agriculture products. The training has built capacity of the farmers to bring forward their produce like vegetables, wheat, Rice, honey and many others.



Rice Breeding Training

To avoid the impacts of Green Revolution and poor sustainability of High yielding Varieties, Lok Sanjh Foundation organized training on Rice Breeding for farmers of rice production area. The process of the training started in June with meetings in different areas to discuss the training and selection of farmers. The training helped farmers to cross breed the different indigenous Basmati varieties selection and its adaptation in different environment.



Farmer field schools

Farmer Field Schools were organized in different areas to provide a platform for farmers to discuss and share their experiences on climate responsive technologies like SRI, CIP, compost, bio-pesticides and green manuring.



Low Carbon Ecological Agriculture



The activity remained useful in building capacities of the women farmers and to increase the household food security level by increasing the availability of organic vegetables at household level. As a result hundreds of women have developed kitchen garden in the project areas. Almost all plots are large enough to satisfy the needs of the families by saving the extra cost of vegetable purchase from the market and providing nutrition to the families as well.

Low Carbon Technologies (SRI, SCI)

The farmer's capacity was built on different aspects of low carbon technologies as following,

- ❖ The Rice Crop Production Technologies.
- ❖ System of Rice Intensification.
- ❖ System of Crop Intensification.
- ❖ Technologies on Ecological Agriculture like.
- ❖ Appropriate quantity of Composts, Green Manuring and Organic tonic.
- ❖ Design of Conversion Model that is, from Conventional to Organic.



Plant Nurseries

The farmers in the project areas are able to develop nurseries of different plants to support themselves and are able to earn extra income by selling these plants to other farmers. LOK Sanjh only helped these farmers to diversify their fields to satisfy domestic needs and earn extra income.



Lok Sanjh New Initiatives



Organic Shop Sheikhupura & North Punjab



Village Learning Center Ratwal



Mobile Health Units

Japan Embassy Supported Health Initiatives



WIC Better Health Clinic

Lok Sanjh has been able to get two Mobile Health Units with the generous support from the Embassy of Japan. This is for the rural communities of District Attock, North Punjab, especially women, infants and children. So far we have been organizing health camps with the hired services but now these units are fully equipped with all the necessary medical aid and will cater the health problems in different villages on daily basis. Also training and awareness session related to primary health care issues will be arranged through audio-visual aids installed on these mobile units. Besides, the big quarterly health camps will remain in the implementation to cater seasonal or viral problems at large.

Lok Sanjh Mobile Health Units



Lok Sanjh Mobile Health Units



Fund Raising



Lok Sanjh, having past experience in helping earthquake-affected communities and the Swat IDPs in Pakistan, once again took it upon itself to strive for the affected people of our nation and pull them out of their miseries.



Young student were engaged in raising donations for the affected communities by setting up camps in all big cities where together with the Lok Sanjh a sum of Rs. 750,000 were collected.

Support to Flood Affected Communities



Support in Emergency

Although disasters in a region affect everyone but limited access to information, a lack of resources to prepare and respond, and inadequate government protection often leave the world's poor population at the greatest risk during emergencies. In this situation Lok Sanjh always gives a prompt response, when natural disasters strike, such as the earthquake in Kashmir, flood in south Punjab and KPK. Our major emergency responses this year were,



Support to Flood Affectees in KPK

Lok Sanjh provided emergency aid to flood effected communities in KPK. The communities of KPK were supported with fund raising money. There Lok Sanjh provided relief items to 300 families in village Kalangi. Apart from the relief and food items medical health camps were also organized by Lok Sanjh and hundreds of patients were checked in these camps.



Relief Work in District Layyah

In district Layyah, we started from relief work by providing packs of dry food, coolers, cooking utensils, Eid gifts and wheat seed for sowing. Now Lok Sanjh has started working for recovery and rehabilitation work for 2000 families to overcome the miseries of the flood affected people with a generous support from Diakonie, (an international organization that provides humanitarian aid worldwide). It supports people who have fallen victim of natural disasters, war and displacement and who are not able to cope on their own in the emergency situation they find themselves in. They help people in great need worldwide, regardless of their colour, religion and nationality.



Livestock Vaccination

The restocking of the lost animals among the vulnerable families in order to extend the first-hand support for the recovery and rehabilitation of the affected groups, especially women-headed households with the ultimate goal of relieving them from the depressive circumstances caused by the flood disaster. This is to support people with nutritional needs, provide an immediate source of income and a sustainable livelihood as well.



Early Recovery in South Punjab

Lok Sanjh Foundation is helping 2000 vulnerable families belonging to District Leyya and Muzaffargarh. For this purpose following activities are under implementation.



Food Security Initiatives

Projects with the help of Diakonie is under implementation since August 2010 to protect the food security and nutritional status of project beneficiaries through resumed production of agriculture crops and the protection of livelihoods assets, as well as the rehabilitation of basic infrastructure.



It consists of the following main activities:

- ❖ Distribution of wheat and vegetable seeds
- ❖ Trainings on organic agriculture, (Farmer field Schools to build their capacity for efficient and economic use of local resources).
- ❖ Rehabilitation of basic agriculture infrastructure through cash for work activities
- ❖ Distribution of basic livestock supplies and services
- ❖ To organize human and animal health camps.

Cash for Work



Cash for Work

These flood effected people in south Punjab initially lived in camps or families in part with different relatives. In the camps at different times they lived in transitional or semi permanent housing provided by humanitarian agencies or built their own wattle and daub houses. Therefore, providing support to build their houses is an important step in the direction of improving the living conditions of these communities. The internally displaced persons have limited knowledge in handling construction, as the majority have never built a house in their lives. Therefore cash for work help them find a local labour. So far we been able to provide this support only to 100 families but potentially achieve the target of 1000 families by end February, 2011.

Lok Sanjh in Media Icon of Agricultural Reforms

Lok Sanjh works primarily on food production systems, sustainable natural resource management, national and global policies that affect farming communities: Lok Sanjh also supported earthquake-affected communities of Kashmir and built 9 schools, longest hanging bridge in Kashmir, and more than 1500 houses/shelters. Dr. Shahid Zia, Chairman of Pakistan Dehqan Assembly and Board Chair of Lok Sanjh foundation, shares his experience with Technology Times,



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LEADER
 Zameer of Agricultural Reforms



Dr. Shahid Zia is a leading expert in the field of agricultural reforms and has been instrumental in the development of the Lok Sanjh foundation. He has been a vocal advocate for the rights of small farmers and has worked tirelessly to improve the lives of the rural population in Pakistan.

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BT cotton to make targets easy



The Ministry of Agriculture has announced that the introduction of Bt cotton will make it easier to meet the target of 100% cotton production in the country. The government has decided to introduce Bt cotton in the country from the next season. The Bt cotton is a genetically modified cotton that is resistant to the cotton bollworm, the most common pest of cotton in Pakistan. The government has decided to introduce Bt cotton in the country from the next season. The Bt cotton is a genetically modified cotton that is resistant to the cotton bollworm, the most common pest of cotton in Pakistan.

NZ's best farming practices for Pakistan

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Govt getting 39pc taxes on petrol

The Ministry of Finance has announced that the government is getting 39% taxes on petrol. The government has decided to increase the taxes on petrol from 35% to 39%. The government has decided to increase the taxes on petrol from 35% to 39%. The government has decided to increase the taxes on petrol from 35% to 39%.

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LHC moved against 'water theft' by India
 The Lok Sanjh foundation has moved the Lok Sanjh foundation against the 'water theft' by India. The Lok Sanjh foundation has moved the Lok Sanjh foundation against the 'water theft' by India.

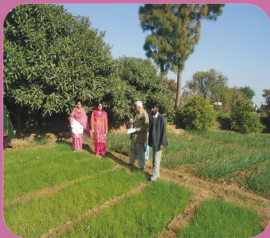
Monitoring & Evaluation

Donor Visits

Donors visited our project areas in March, April and then in November. They visited the South and Central Punjab areas. The partners were very much satisfied on the work done by Lok Sanjh while it was also quite encouraging for the beneficiaries at the grass root level.

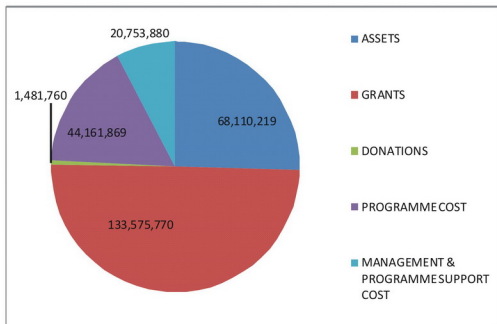


External Evaluation



This year external evaluation for two of our big projects (3 Years each) have been done successfully in time as planned and committed. One report is available while other will be put on web after approval from the donor in February 2011. For details see www.loksanjh.org

LSF Financial Position 2010



In year 2010, LSF has made great achievements towards its target of diverse funding resource base as a step towards financial stability. Lok Sanjh expanded its geographical area in South Punjab to extend relief and recovery services to flood affectees in Districts Layyah and Muzaffar Garh. Also Lok Sanjh with support of Japan Embassy has started providing mobile health services to communities in 30 villages of North Punjab. Strong human resource platform is the key to Lok Sanjh's success in achieving its objectives.

An Appeal

Its time for us to unite & work together to pull our fellow Pakistanis out of their miseries and rebuild our beloved Pakistan in a way that puts an end to the sufferings of our people

